**Shall we have to change our lifestyle in the future? (explain why and how)**

This is a very interesting question in 2020 in light of current world events: the corona virus. We have yet to discover how the current crisis will impact us and our lifestyle. It has been now a week that we have been confined in our homes. We have been avoiding contact to reduce the risk of infection. But this virus will have a serious impact on our way of living, even if we are currently in the eye of the storm, the fact that the company Amazon has employed more people to fulfil the orders, leads to the hypothesis that people have turned to ordering their food online instead of going to the local supermarket. This goes with the saying, if you do not change, change will change you, which is what’s happening.

This virus also has had a major impact on the worldwide economy: for example China, has seen its financial income drop drastically because all the borders and factories closed, preventing merchandise from leaving Chinese territory. The virus has caused a lot of change, for the good and for the bad.

Change, in a certain way, is against human nature, people are afraid of loosing their comforts and prosperity. On the other if we start changing, we might discover new elements that are more environmentally friendly and more efficient. For example, consuming produce that is local, buying from the local shops and markets, resulting in better quality food and possibly healthier, than what we can find in the big supermarkets.

A further impact of the virus might also be accelerating changes in the way people socialise and interact. Taken to extreme, self-confinement, could have an impact on our relationships, locked in our homes for weeks, we stop seeing people, meeting new friends, contributing to political life, such as elections. But confinement also provides opportunities such as we discover new ways of working, and possibly a more agreeable way.

Even after the end of the covid-19 pandemic, I do think that we will need to change our lifestyle because as the worldwide population continues to grow and uses more and more natural resources, we will soon, and are already, using more than earth can provide. We will soon have to change whether we want to or not.

We need water in our everyday life but we take it for granted. Water is essentially in everything but we will start seeing shortages if we continue using so much to produce bottles, pyjamas, handbags, cars, wool, meat, etc… But this is not the only difficulty we will encounter.

Pollution will be even more present if we continue using more cars, the more fossil energies will be required, the more pollution will be generated. We need to speed up the development of new renewable and environmentally friendly energies. Furthermore, increase the amount we recycle because reusing and giving a second life to things is very important. Reducing carbon footprint will improve the quality of the surrounding air and water, benefiting everybody. We need to leave a healthy planet for future generations. So yes, it is crucial that we all change our lifestyles.